

Notification to Parents/Guardians To Check Your Child's Head

School will be starting soon and students will be once again in close quarters. We need your help in keeping our schools free of head lice. Lice outbreaks are common among school children and even the cleanest child can become infested. Lice is mainly spread through head-to-head contact, but sharing clothing, bed linens, combs, brushes and hats can also aid in the spread. Lice do not hop, jump, or fly!

Please check your child's head on a regular basis using these guidelines:

- Put your child in bright light such as sunlight or under fluorescent lighting.
- Look for signs of irritation such as sores or bites on the scalp.
- Look for 'nits' (eggs), especially in the hair behind the ears, on the back of the neck, and on the crown of the head. Nits are tear-drop shaped and are 'glued' to the hair shaft.
- Look for any tiny bugs in your child's hair.

If you find nits or lice here is what you need to do:

- Don't panic!
- Check the hair and scalp of everyone who lives in your house.
- Use lice shampoo only on the people who have head lice or nits. This is available at local pharmacies.
- Vacuum all floors, furniture, cars, and rugs thoroughly.
- Wash all recently used bedding, clothing, towels, hats, caps, and scarves in hot water and dry in a hot dryer for at least twenty (20) minutes.
- Retreat in seven to ten (7-10) days or as recommended on the lice product used.
- Let the school know if you find nits or lice and refer to the Parent/Student Handbook for District policy and procedures.

Summer notice

GUIDELINES FOR STAYING HOME

Here are some recommended guidelines for parents and staff to follow when determining whether a child should stay home from school.

YOUR CHILD SHOULD STAY HOME if he/she:

- **HAS A FEVER** greater than 100 degrees, it is also recommended that a student should be fever free for 24 hours prior to returning to school.
- **HAS BEEN VOMITING** within the last 24 hours.
- **HAS HAD DIARRHEA** within the last 24 hours.
- **HAS A RASH WITH A FEVER** greater than 100 degrees F.
- **HAS A RASH WITHOUT A FEVER** that is open and draining.
- **HAS STREP THROAT or IMPETIGO** and has not been on medication for 24 hours.

Under some circumstances, a child may have to stay home if s/he has PINK EYE.

Also, these communicable diseases need to be reported to the school nurse at 608-374-7015.

- Chicken pox Lyme Disease
- Fifth Disease Ring Worm
- Head Lice Scabies
- Impetigo Shingles
- Mono Strep Throat
- Pneumonia

If your child is going to be absent, please call the attendance office at 608-374-7878 prior to 8:30 a.m.

Thank you for your assistance in ensuring the health of Lemonweir Students & Staff!