



Sophomore Meetings

Becoming an Upper Classman



Build Your Resume

- ▶ You can build your resume by:

- ▶ Gaining work experience

- ▶ Find a job you could work at during the summer, after school, or on the weekends.

- ▶ Participating in extracurricular activities

- ▶ THS has many types of extracurricular activities, see the website for all opportunities. Also, stop in the counseling office for an Extracurricular Activities Booklet.

- ▶ <https://www.tomah.education/athletics/index>

- ▶ Volunteering

- ▶ There are many opportunities to volunteer in the Tomah area. See your counselor for assistance in finding these opportunities.

Academic Opportunities

▶ Youth Apprenticeship

- ▶ Wisconsin's Youth Apprenticeship program is a part of a statewide **School-to-Work** initiative. It is designed for high school students who want hands on learning in an occupational area at a worksite along with classroom instruction.

- ▶ <https://dwd.wisconsin.gov/youthapprenticeship/>

▶ How to get College Credit in High School

▶ Early College Credit Program

- ▶ Take courses through the University of Wisconsin System (applications found in the counseling office)

▶ Start College Now Program

- ▶ Take courses through the Technical College System (applications found in the counseling office)

▶ Transcribed Credit

- ▶ Classes offered at the high school where you can receive high school and college credit

▶ Study Abroad

- ▶ Earn credits while being immersed in a different culture

▶ Career Pathways

- ▶ Organize your path to post-graduation by exploring THS Career Pathways



Summer Opportunities

Take summer classes

- ▶ Rural Virtual Academy: Online Courses
 - ▶ <https://www.rvaconnect.org/summer-school-2019>
- ▶ Western Technical College- Partnering for Success (high school credit only)

Work

- ▶ See Ms. Dvorak in the office for your work permit

Volunteer

- ▶ Chambers of Commerce Business Directory
 - ▶ <https://www.tomahwisconsin.com/businesses-in-tomah>



Keep Working Toward Your Goals

► Set Long Term & Short Term Goals

► Long Term Goals

- Where do you see yourself in 5 years?
- What is your end goal?

► Short Term Goals

- What would you like to accomplish before high school is over?

► How to determine your strengths and areas of improvement?

► Personality Indicator

- <https://www.16personalities.com/free-personality-test>

► Learning Style

- <https://public.careercruising.com/en/>

ACT & ACT Workeys

Spring State Exam for Juniors

Preparing for the ACT is important in receiving the score that you desire. Taking challenging courses in high school is the best way to prepare. However, ACT provides MANY resources to prepare you for test day.

► Pay to Prep

- ACT Rapid Review
- ACT Prep Guide (book)
- ACT Online Prep
- ACT Prep Pack- *includes the ACT Prep Guide and the ACT Online Prep*

Click this link
to access the
ACT prep
resources!!!

► Free Prep

► ACT Academy

- A free online learning tool and test practice program designed to help you get the best score possible on the ACT test, and well on your way to college and career success.

► Study Guide (pdf)

- Familiarize yourself with the instructions and format, then review, analyze, and answer the questions to see if you're correct—and why. Includes complete practice tests with scoring keys, and a writing prompt.

► Question of the Day

- Free practice questions and answers from past tests, as well as explanations and tips to help you solve each question. You also can sign up to receive a weekly email that provides each week's questions.

► Practice for Each Subject

- English, Math, Science, Reading, Writing Samples

<http://www.act.org/content/act/en/products-and-services/the-act/test-preparation.html>



What's your path?

College

- Explore Potential Colleges
- Set Up Campus Tours
- Research Admissions Requirements

Career

- Career Exploration
- Research Apprenticeships
- Create a Resume

Military

- Research the branches
- Meet with a recruiter

NEW:
CAREER PATHWAYS
coming soon!!!

Click "Go to this Sway"
below for the link to
the Junior Conference
Sway that will have all
the links to this
information.

Junior Conference
2018-2019
JUNIOR YEAR
Go to this Sway



Survey

- ▶ The THS Counseling Staff would like to organize small groups during the 2019-2020 school year to help support our students' academic, career, and personal/social needs. The goal is to help students gain the skills they need to become successful now and in their future.
- ▶ <https://forms.office.com/Pages/ResponsePage.aspx?id=gd43jDNVLkKEj5LpliIWaXleBVcJxeZGso71-VSDHKhUNjVUSkw3WTA4VkVHNk9CT00zS0FNrDFLSC4u>