

# TMS DANCE TEAM

## *information and expectations*

### PURPOSE

The purpose of this team is to represent the Tomah Middle School and to support other athletes, become stronger dancers, and have fun. This team will reflect excellence on and off the dance floor by showing respect to teammates, athletes, coaches, administration, and parents. Dancers will have a positive and enjoyable experience through hard work and learning.

### STUDENT/ATHLETE RESPONSIBILITIES

1. As part of the dance team, participants will be expected to represent TMS in a positive manner, both in behavior and appearance. Poor conduct/behavior during the school day or at practice could result in suspension from practices, performances or removal from the team (see athletic code for more information).
2. TMS Dance Team members are students first; therefore, they must take care of their academics. Failing grades may also result in suspension from practices and performances (see athletic code for more information).
3. Practices begin on Thursday, January 4th and will run according to the distributed schedule (see attached). All practices are held in the TMS cafeteria and all dance participants should plan to be picked up from the TMS at practice end times.
4. Dancers must be dressed and ready by the start of practice; tardiness is unacceptable.
5. All practices and performances are mandatory. The purpose of practices will vary between learning dance choreography and routines, technique and skills practice, and preparing routines for performances. It is each dancer's obligation to their teammates to be in attendance and it is expected that everyone will give 100% effort each day.
  - a. If a dancer must miss practice, a parent must notify the coach via email or the Remind app, at least 24 hours in advance for it to be excused, unless absence is due to illness. If you do not attend school or leave early due to illness, you will not be able to participate in practices or performances that night.
  - b. Excused absences include, but are not limited to: school-sponsored field trips, academics, illness, or family emergency. A note from a teacher, parent, or school verification is needed.

- c. Unexcused absences include, but are not limited to: unexcused school absences, skipping practice, homework, etc.
- d. Dancers will not be allowed to perform if they miss the practice prior to the scheduled performance.

## DRESS CODE

1. Dancers must come to practices in appropriate attire (ex: t-shirt, shorts, sweatpants, leggings, etc.) and footwear (ex: tennis shoes, jazz shoes). If a dancer does not come to practice in the correct attire, they will sit on the side and watch practice that evening.
2. Dancers are responsible for making sure they are in possession of all necessary items for the dance season (shoes, tights, jazz pants, etc.). If items are forgotten for performances, dancers will not be able to perform.
3. All jewelry, except for small earrings, must be removed for practices and performances.
4. Hair must be pulled back and away from the face in a ponytail, braid, or bun.

## PARENT/GUARDIAN RESPONSIBILITIES

1. Parents/Guardians are responsible for expenses associated with their child's participation on the TMS Dance Team. This includes, but is not limited to, purchasing jazz shoes, leotards, tights, leggings, and a team t-shirt. See apparel form for more details. These items will not be distributed until payment is made. Not having necessary materials may result in loss of performance opportunities.
2. Parents/Guardians are responsible for transportation of their child following a practice or performance.
3. You are your dancer's greatest support system! Because your dancer is part of a team, please be sure to support all team members with enthusiasm and a positive attitude. Please remember that the coach is always looking out for the best interest of individual dancers, but also has a duty to the entire team and the success of the dance program. Any concerns should be addressed in a respectful manner; however, parents/guardians must understand that the coach's decision is final.

Dancer's Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

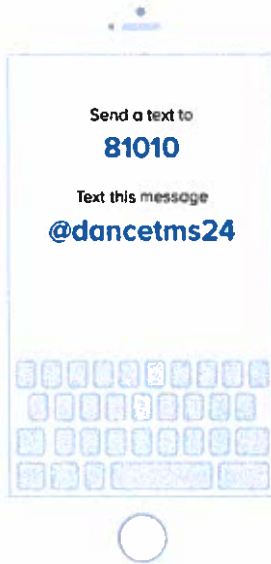
Coach's Signature: Coach Hove

## CONTACTING THE COACH

There are two ways parents/guardians can contact the TMS Dance Team coach, Mrs. Hove

1. Email: [StephanieHove@tomah.education](mailto:StephanieHove@tomah.education)
2. The Remind App

Alternative Method:



Please go to <https://www.remind.com/join/dancetms24> to get updates and notifications regarding the TMS Dance Team.

# January PRACTICE AND GAME SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Practice 3:30 - 5:00		Practice 3:30 - 5:00	Practice 3:30 - 5:00
8	9	10	11	12
Practice 3:30 - 5:00	Practice 3:30 - 5:00		Practice 3:30 - 5:00	Practice 3:30 - 5:00
15	16	17	18	19
NO SCHOOL	Practice 3:30 - 5:00		Practice 3:30 - 5:00	Practice 3:30 - 5:00
22	23	24	25	26
Practice 3:30 - 5:00	Practice + GIRLS' BASKETBALL GAME	Practice 3:30 - 5:00	Practice 3:30 - 5:00	Practice 3:30 - 5:00
29	30	31		
Practice 3:30 - 5:00	Practice + GIRLS' BASKETBALL GAME			

# February PRACTICE AND GAME SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Practice 3:30 - 5:00	2 Practice 3:30 - 5:00
5 Practice 3:30 - 5:00	6 Practice + GIRLS' BASKETBALL GAME	7	8 Practice 3:30 - 5:00	9 Practice 3:30 - 5:00
12 NO SCHOOL	13 Practice + GIRLS' BASKETBALL GAME	14	15 Practice 3:30 - 5:00	16 Practice 3:30 - 5:00
19	20	21	22	23
26	27	28	29	Dance Showcase @ HS Date TBD