

March



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Check with event coach for practice times throughout the month. Athletes may practice at different times.					1	2
3	4 First Day of Practice! Practice- 3:30-5:30	5 Fundraiser Info Practice- 3:30-5:30	6 Practice- 3:30-5:30	7 Practice- 3:30-5:30	8 Fundraiser Info Practice- 3:30-5:30	9
10 (Practice times are when we have gym space. If weather is "nice" we will have practice at 3:30)	11 Practice 5:30-7:30 pm	12 Practice 5:30-7:30 pm	13 Practice 5:30-7:30 pm	14 Practice 5:30-7:30 pm	15 Practice 5:30-7:30 pm	16
17 (Practice times are when we have gym space. If weather is "nice" we will have practice at 3:30)	18 Practice 6:00-7:15 A.M.	19 Practice 6:00-7:15 A.M.	20 Practice at 3:30 (Loft)	21 Practice 6:00-7:15 A.M.	22 Meet at UW-Stout	23 Meet at UW- La Crosse
24	25 Practice 3:30-5:30	26 Meet at UW- River Falls	27 Practice 1:30-3:30 Spring Break	28 Meet at UW- Eau Claire	29 Practice- TBD	30
31						

April



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Last Day of Spring Break Practice 3:30-5:30	2 Meet at Holmen OR Practice 3:30-5:30	3 Practice 3:30-5:30	4 Meet at Holmen OR Practice 3:30-5:30	5 Team Building Activity Practice 3:30-5:30	6
7	8 Practice 3:30-5:30	9 Meet at Holmen	10 Practice 3:30-5:30	11 Practice 3:30-5:30	12 Practice- Track and Field Youth Night 3:30-6:30	13
14	15 Practice 3:30-5:30	16 Meet at La Crosse Logan	17 Practice 3:30-5:30	18 Practice 3:30-5:30	19 Gatzke Invitational- Home Track Meet	20
21	22 Practice 3:30-5:30	23 Meet at Black River Falls	24 Practice 3:30-5:30	25 Practice 3:30-5:30	26 Meet at Baraboo	27
28	29 Luebke Invitational Home Meet Freshman/Sophomore	30 Practice 3:30-5:30				

May



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 3:30-5:30	2 Practice 3:30-5:30	3 No School Meet at Wis. Rapids	4
5	6 Practice 3:30-5:30	7 Justinger Invitational Home Meet	8 Practice 3:30-5:30	9 Practice 3:30-5:30	10 Practice 3:30-5:30	11 JV AND VARSITY Conference Meet at UW-La Crosse
12	13 Practice 3:30-5:30	14 Practice 3:30-5:30	15 Practice 3:30-5:30	16 Meet at Sparta	17 Practice 3:30-5:30	18
19	20 Regionals at TBD	21 Practice 3:30-5:30	22 Practice 3:30-5:30	23 Sectionals at Sauk Prairie	24 Practice 3:30-5:30	25
26	27 No School Practice 3:30-5:30	28 Practice 3:30-5:30	29 Practice 3:30-5:30	30 Practice 3:30-5:30	31 Last Day of School State at UW-La Crosse	June 1 State at UW- La Crosse