



# Tomah Girls Golf

## Rules, Policies and Procedures

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**Program Mission Statement:** The mission of the Tomah Girl's Golf Program is to teach the basics of golf, including skills, rules, and etiquette. Participation in conference meets and invitational tournaments will build the foundation for a lifetime of enjoyment of the game of golf.

- **STUDENT ATHLETES:** Players are expected to notify teachers beforehand and are responsible for making up class work outside of golf practice/matches.
- **CHARACTER:** At all times, you represent Tomah and Tomah golf. Your character and conduct will have a direct reflection on you, the school, your family, the coaches, and your team. High moral character is expected at all times. MVC sportsmanship contract signed.
- **ATTENDANCE:** 100% attendance is expected and required at all golf functions (practice, matches, meetings, fundraisers, etc.) Absences of any kind will be determined excused or unexcused on a case by case scenario by the coaches.
  - Excused Absence (must be discussed with coaches beforehand)
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- **ACTIVITY CODE:** Code and all eligibility rules established at the State and local levels, as listed in the Tomah school student handbook and WIAA publications, apply.
- **LETTERING POLICY:** Varsity Letters are awarded to those who participate in 3 varsity matches OR have their score count for two Varsity matches. Players may not letter if: they have any code violations, suspension from school, academically Ineligible, Coaches Discretion.

- **Line of Communication:** If your daughter is having frustrations or problems of any kind it is very important that your daughter speak to his coach as soon as possible within our guidelines. If after speaking to the coach, your daughter does not feel like the problem has been resolved, then you as parents may contact your daughter's coach. You may contact us either by email or by phone. If after discussing matters with your daughters' coach you do not feel things are any better, then you should contact the head coach or athletic director. I always think it's a good idea to wait 24 hours to contact the coach about conflicts or questions. This cooling off period allows both parties time to gather the proper emotions needed that will allow for the best possible solution to the problem.
- **TRANSPORTATION:** Students are expected to have their own transportation arranged for golf practices. Players need to make arrangements with coaches if they cannot find any other form of transportation. Transportation will be provided for all golf matches by the school. Golfers may ride home with their parents following a match. Parents must sign a parental permission slip before departing from the match. The golfers may only ride home with their parents.
- **Dress Code:** Please wear golf shoes or good athletic shoes for practice and competition. No jeans will be allowed. Anything with inappropriate content displayed will not be allowed on the golf course. Shorts and Pants will be worn around waist properly. Hats will be worn with bills facing straight forward, cleavage and mid section will not be exposed etc... Any golfer not able to comply by the dress rules, will not be allowed to participate that day and will be considered unexcused.
- **Equipment:** All equipment issued is the player's responsibility until it is returned at the end of the season. You will be charged for lost or damaged items. (uniforms, range finder, umbrellas, and rain gear)
- **Practices:** All athletes must be on time to practices and stay for the duration of practice. Practices will play a part in which athletes will play in matches (stroke play, coach's evaluation). What the player can control is ATTITUDE and EFFORT. I have told my players for years that I am always watching them, not just when they are playing.
- **Fundraising:** All athletes are required to be available for the Hiawatha Men's Night Scramble Fundraiser (8-8-23). All athletes are expected to donate a basket and participate in the Par 3 tournament at Hiawatha that supports both the boys and girls golf programs (date TBD Sunday in May). All athletes are expected to help at the summer youth golf camp (dates TBD).
- **Training guidelines** – girls are encouraged to bring water bottles to practice and events. A healthy breakfast or lunch before an event and nutritional snacks are also encouraged. Water is the best beverage for hydration, sports drinks are allowed.

Golfers must walk and carry or push bags during all practices and matches.

Tomah Golf apparel is now online. Please use link [www.pnpproducts.com](http://www.pnpproducts.com) and click "Store" at the top of the home page to see and order your apparel. Thank you.

We will be communicating all updates and daily reminders thru REMIND to get everyone on the same page please

Go into Text message:

Type in this number to: 81010

Type in this message: @tomahgir

This is a NEW group for players and parents!!!!

You do not need the app it will come thru as text message great quick way for information.

Please Like on Facebook: Tomah Girls Golf for pictures and highlights of events

If you watch a game, it's fun.

If you play it, it's recreation.

If you work at it, it's golf.

- Bob Hope

The game has such a hold on golfers  
because they compete not only against an opponent,  
but also against the course, against par,  
and most surely- against themselves.

-Arnold Palmer

HOWL ON !!!!!!!

We have read and understand these guidelines, as well as the THS Activities Code.

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Parent Signature

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Golfer Signature

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Date

# Tomah High School

## Girls' Golf Team Integrity Contract

Athletic competition should demonstrate high standards of integrity, ethics and sportsmanship, and promote the development of good character and other important life skills. The highest potential of sport is achieved when participants are committed to pursuing victory with honor according to four core principles: **Integrity, Trustworthiness, Respect and Responsibility**. I understand that in order to participate as a member of the Tomah High School Girls' Golf Team, I must act in accordance with the following:

### Integrity

**Integrity** requires that I live up to the high ideals of ethics and sportsmanship, and always pursue victory with honor. It means I will do what is right, even when it is unpopular or personally costly. It means I will protect the integrity of the game and play according to the rules.

*Play by the Rules* – I will maintain a thorough knowledge of and abide by all applicable competition rules. I will live up to the Rules and Etiquette of the Game of Golf.

*Spirit of the Rules* – I will honor the spirit and the letter of the rules. I will avoid temptation to gain competitive advantage through improper gamesmanship techniques (cheating) that violate the highest tradition of sportsmanship and the game of golf.

*Reputation* – I recognize the importance of an honorable reputation. I understand my duty to protect my reputation, the reputation of my team, and the reputation of Tomah High School. I will honor and protect the integrity of the game. I will not cheat or be dishonest in my play during practice or matches. I will not accept cheating or dishonesty on the part of my teammates or my competitors.

### Trustworthiness

**Trustworthiness** requires that I be honest, reliable, and loyal in all that I do.

*Honesty* – I will live and compete honorably. I will not lie, cheat, or engage in any other dishonest or unsportsmanlike conduct.

*Reliability* – I will fulfill commitments. I will do what I say I will do, and will be on time to practices and matches.

*Loyalty* – I will be loyal to my school and team. I will put the team above personal glory.

### Respect

**Respect** requires that I treat all people and my surroundings with dignity and respect at all times.

*Sportsmanship* – I will live and play with class. I will be a good sport. I will be gracious in victory and accept defeat with dignity.

*Conduct* – I will not engage in disrespectful conduct of any sort including offensive remarks, foul language, trash-

talking, club throwing, or other actions that demean individuals or harm the condition of the golf course.

### Responsibility

**Responsibility** requires that I am mindful that participation as a member of the Tomah High School Girls' Golf Team is a privilege and not a right, and I am expected to represent my school, coach, teammates and myself with honor on and off the golf course. It requires that I consistently exhibit good character and conduct myself as a positive role model.

*Importance of Education* – I am a student first and commit to getting the best education I can. I will make a serious commitment to my education and do my best to succeed academically.

*Self Control* – I will exercise self control. I will not engage in excessive displays of anger or frustration.

*Concern for Others* – I will demonstrate concern for others. I will help promote the well-being of my teammates by positive counseling and encouragement or by reporting dangerous conduct to coaches. I will not engage in reckless behavior that might cause injury to others or me.

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**I have read and understand the requirements of this Integrity Contract. I understand that I am expected to perform according to this contract. I also understand that there may be sanctions or penalties, including removal from a match or from the team if I do not perform accordingly.**

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Student-Athlete Signature

Date

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Parent Signature

Date

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Coach's Signature

Date

## SPECTATOR GUIDELINES



- Spectators **MUST** stay on cart paths. Keep at least 10 yards from any competitor. Please do not walk on or across fairways or greens at any time. Only coaches are allowed on the greens during the practice round and to cross the fairways to help look for balls or discuss a ruling with a player.
- Golf carts will not be available for spectator rental. Spectators with a disability certificate or license from Wisconsin may inquire about renting a cart at the WIAA tournament desk.
- Spectators may **not** caddie for players during the practice round or during tournament competition.
- Spectators may **not** converse with competitors. Violations of this rule could result in the following penalties:
  - First Violation—Warning
  - Second Violation—Two-stroke penalty added to competitor's total score and removal of violator from golf course.
  - Third Violation—Disqualification of competitor.
- Applause and positive comments such as "nice shot" are encouraged, but spectators may not speak in private with the competitors. Please do not attempt to give rulings to competitors. Rules officials are on the course for this purpose. The orange flag on their golf cart can identify them.
- We are guests of University Ridge and ask your assistance in using trashcans and observing proper golf course etiquette. Use of alcoholic beverages and tobacco products are prohibited during the WIAA tournament.
- Lightning Procedure. If inclement weather dictates the removal of people from the golf course, a warning horn will be sounded. Please seek shelter immediately.
- Scores will be posted at the completion of 18 holes. A large scoreboard is located to the west of the golf shop.
- Electronic communication devices (i.e., cell phones, smart phones, iPads, two-way radios, etc.) are **prohibited** from being used on the golf course during tournament play by spectators. Use of cell phones & smart phones are allowed in and near the clubhouse and for leaderboards around the course.
- Players are allowed to use an electronic measuring device (EMD) as approved by USGA regulations during competition. No EMD's with other functions are allowed (slope, temperature, humidity, wind direction, etc.) A player can request to use an EMD and/or ask for distance information and these must be provided.

# Tomah Girls Golf August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Tuesday July 25th Player/Parent meeting 5:30 HS Success Center</i>	2	3	4	5
6	7 First Day of practice @ Hiawatha 7:30am—9:30am	8 Practice 7:30-10:30am 9 hole qualifier Men's Scramble fundraiser and corn roast 4:30 --9 pm	9 Practice 7:30-10:30am 9 hole qualifier	10 Practice 7:30am — 9:30am	11 Varsity @ Reedsburg 2pm JV @ Walsh 8am	12
13	14 Tomah Tune-up @ Hiawatha 9 am 18 holes V/JV	15 GET Tremp Invite 9am JV Practice 7:30am — 9:30am	16 Practice /TEAM PICTURES 7:30am — 9:30am Fall Fest @ HS 12-6pm	17 MVC #1— Coulee Onalaska Varsity and JV 8:30 am	18 Practice 7:30am — 9:30am	19
20	21 Link Crew AM Varsity and JV Practice 2:00—4:00pm 4:00—6:00pm SWIM @coaches	22 Holmen Invite Varsity 9AM Baraboo Invite JV 9AM Concessions @VB 5-9	23 Sparta Invite Varsity 9am JV practice 3:45—5:45 Teacher Inservice	24 Teacher Inservice JV @ Fairfield Hills in Baraboo Varsity practice @ 11:30 and then leave for overnight in Green Bay	25 Varsity @ Thornberry Creek JV Practice 7:30am —9:30am	26
27	28 Varsity @ Golf for a Cure @ Maplebluff JV Practice 7:30— 9:30am. Freshman Ori- entation 8-11:30am Link Crew	29 Teacher Inservice Practice 3:45—5:45pm	30 School begins MVC #2 - Tomah @ 2pm Varsity and JV	31 Practice 3:45—5:45pm Concessions @ VB 5-9 pm	1 Practice 3:45—5:45	2

# Tomah Girls Golf

# September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 Freshman Orientation and Link Crew Varsity @ Golf for a Cure @Maplebluff 12:30pm JV practice 3:30 - 5:30	29 Varsity JV practice 7:30—9:30am	30 School begins MVC #2 - Tomah @ 2pm Varsity and JV	31 Practice 3:45—5:45pm	1 Practice 3:45— 5:45	2
3 Larry Powell Multicup tournament	4 LABOR DAY	5 Practice 3:45—5:45	6 MVC #3-#4 @ Cedar Creek 11:30am V and JV	7 Practice 3:45— 5:45 Concessions @ VB 5-9 pm	8 MVC # 5 - LaCrosse @Forest Hills 1pm Vand JV	9
10	11 MVC #6 @ Sparta 2:30 pm V and JV	12 Varsity match @ Wild Ridge Eau Claire @2:30 JV practice 3:45—5:45	13 Practice 3:45— 5:45	14 Practice 3:45— 5:45	15 Practice 3:45— 5:45	16
17	18 MVC Conference Championships @ Viroqua 9am V and JV	19 Varsity Practice 3:45— 5:45 Concessions @ VB 5-9 pm	20 Varsity Only Practice 3:45— 5:45	21 Varsity Only Practice 3:45— 5:45	22 Cranfest No practice	23 Cranfest
24 Cranfest	25 Varsity Only Practice 3:45— 5:45	26 Varsity Only Practice 3:45— 5:45	27 Regionals @ Tomah Hiawatha	28 Varsity Only Practice 3:45— 5:45	29 Homecoming Parade	30



# Tomah Girls Golf

# October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25 Varsity Only Practice 3:45– 5:45	26 Varsity Only Practice 3:45– 5:45	27 Regionals @ Tomah Hiawatha	28 Varsity Only Practice 3:45– 5:45	29 Homecoming Parade	30
1	2 Varsity Only Practice 3:45– 5:45	3 Sectionals @ Wild Ridge Eau Claire	4 Varsity Only Practice 3:45– 5:45	5 Varsity Only Practice 3:45– 5:45	6 Varsity Only Practice 3:45– 5:45	7
8	9 STATE @ U Ridge	10 TOURNA- MENT	11	12	13	14
15	16	17	18	19	20	21
22	23 Golf Banquet @ Hiawatha 5pm	24	25	26	27	28

